THE PLOUGH LUPTON

Small Things

Salt & pepper squid **£3.35**
soy & sesame dressing

Crispy fried whitebait **£1.99**

Mussels **£3.55**
black bean sauce

Potted mackerel **£3.55**
dill pickled cucumber

Tempura king prawns **£3.35**
sweet chilli sauce

Ham hock terrine **£3.95**
homemade piccalilli

Lamb Koftas **£3.70**
cauliflower puree, spiced caramel

Cured Bresaola **£3.95**
tomato, pesto & Parmesan

Beetroot & orange salad **£2.30**
goat's cheese

Courgette fritters **£2.30**
honey and Lancashire cheese

Olives
marinated with chilli & lemongrass **£2.40**

Artisan breads **£1.95**
from *'More Bakery'*, Staveley

Soup

Leek & potato **£3.95**

Mains

Braised Beef **£12.50**
root vegetables & red wine jus

Cumberland sausages **£9.95**
mashed potatoes & caramelised onion gravy

8oz steak, mushroom & Madeira **£14.95**
dripping fried chips & ale battered onion ring

Pan fried Lambs liver **£11.95**
creamed potatoes, smoky bacon

Fish and chips **£10.95**
mushy peas**,** tartar sauce

Pan fried salmon fillet **£13.50**
saffron, mussel broth

Salmon & prawn Bake **£11.95**
buttered greens

Tagliatelle **£9.95**
wild mushroom

Truffled macaroni cheese **£8.95**
mixed garden salad

Goats' cheese Tart **£9.95**
caramelised red onions, garden salad

Side orders

Dripping fried, hand cut chips

Creamed potatoes
Ale battered onion rings
Mixed garden salad
Braised red Cabbage
Cauliflower Cheese
Buttered winter greens
Carrot & swede mash

£1.99 each

Sweets

Warm chocolate brownie **£5.75**
ginger ice cream, crystallised ginger

Apple crumble **£4.75**
traditional custard

Bread & Butter Pudding **£4.95**
poached apricots & clotted cream

Classic lemon Tart **£5.65**
cherry sorbet

Plough sundae **£5.75**
chocolate & orange

Homemade ice creams & sorbets **£4.25**

Cheese

3 Cheeses from the selection **£5.45**

6 Cheeses from the selection **£8.99**

Blacksticks
Garstang Blue
Isle of Mull
Guernsey Gold
Golden Cross
Tunworth

Children's menu available
See blackboards for "Daily Specials"

Afternoon Tea

Warm scones, clotted cream & preserves

Homemade cakes & fancies

Open sandwiches

Selection of teas & coffee

£8.95pp

Available daily between 2.30pm & 5.30pm

Sandwiches & Light Lunch *

A selection of sandwiches and lighter lunch options are also available

***served Monday to Saturday until 5pm**

Dates to remember

Tuesday 14th February
Valentines Day

Sunday 18th March
Mothering Sunday

Sunday 8th April
Easter Sunday

Remember to book early to avoid disappointment

Breakfast 8.30am –9.30 am | Morning Coffee | Bar 11am –11pm | Menu 12 noon - 9pm | Afternoon Tea 2.30pm-5.30pm

Luxury accommodation - rooms from £95 per night